Duke Flap Course Dissection Guide: The Workhorse Flaps

The Duke Flap Course is a world-renowned plastic surgery course that teaches the principles and techniques of flap reconstruction. The course is taught by a team of experienced plastic surgeons who have extensive experience in flap surgery.

The Duke Flap Course Dissection Guide is a comprehensive guide to the dissection of the flaps that are taught in the course. The guide includes detailed instructions on how to dissect each flap, as well as tips and tricks to help you achieve the best results.

The workhorse flaps are a group of flaps that are commonly used in plastic surgery. These flaps are reliable, versatile, and can be used to reconstruct a wide variety of defects.



The Workhorse Flaps - Anterolateral Thigh Flap: Duke Flap Course Dissection Guide (Duke Flap Course, The Workhorse Flaps Book 2) by Scott Hollenbeck

★ ★ ★ ★ ★ 5 out of 5
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The workhorse flaps include:

- The radial forearm flap
- The anterolateral thigh flap
- The latissimus dorsi flap
- The rectus abdominis flap
- The scapular flap

The dissection of the workhorse flaps is a complex procedure that requires careful planning and execution. The following are general instructions on how to dissect each flap:

Radial forearm flap: The radial forearm flap is a fasciocutaneous flap that is based on the radial artery and cephalic vein. The flap is harvested from the forearm and can be used to reconstruct defects in the hand, wrist, and forearm.

Anterolateral thigh flap: The anterolateral thigh flap is a fasciocutaneous flap that is based on the descending branch of the lateral circumflex femoral artery and the vena comitantes. The flap is harvested from the thigh and can be used to reconstruct defects in the lower extremity, trunk, and head and neck.

Latissimus dorsi flap: The latissimus dorsi flap is a myocutaneous flap that is based on the thoracodorsal artery and vein. The flap is harvested from the back and can be used to reconstruct defects in the chest, abdomen, and upper extremity.

Rectus abdominis flap: The rectus abdominis flap is a myocutaneous flap that is based on the superior epigastric artery and vein. The flap is harvested from the abdomen and can be used to reconstruct defects in the abdomen, groin, and perineum.

Scapular flap: The scapular flap is a fasciocutaneous flap that is based on the subscapular artery and vein. The flap is harvested from the back and can be used to reconstruct defects in the shoulder, chest, and upper arm.

Here are a few tips and tricks to help you achieve the best results when dissecting the workhorse flaps:

- Use a sharp knife and make clean, precise incisions.
- Be careful not to damage the underlying structures.
- Use a magnifying glass to help you visualize the anatomy.
- Take your time and be patient.
- If you are having difficulty, do not hesitate to ask for help.

The Duke Flap Course Dissection Guide is a valuable resource for plastic surgeons who are interested in learning how to dissect the workhorse flaps. The guide provides detailed instructions on how to dissect each flap, as well as tips and tricks to help you achieve the best results.

By following the instructions in this guide, you can safely and effectively dissect the workhorse flaps and use them to reconstruct a wide variety of defects.



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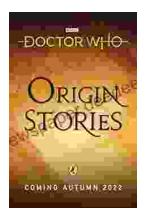
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