

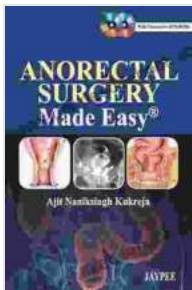
# Surgery Of Anorectal Diseases: With Pre And Postoperative Management

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Anorectal diseases are a common group of conditions that affect the anus and rectum. They can cause a variety of symptoms, including pain, bleeding, itching, and incontinence. Surgery is often the best treatment option for these diseases.

## Types of Anorectal Diseases

There are many different types of anorectal diseases, including:



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★★★★★ 5 out of 5

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Screen Reader : Supported  
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Print length : 818 pages



- **Hemorrhoids:** Hemorrhoids are swollen veins in the anus or rectum. They can cause pain, bleeding, and itching.

- **Anal fissures:** Anal fissures are small tears in the lining of the anus. They can cause severe pain, especially during bowel movements.
- **Fistula:** Fistulas are abnormal connections between the anus or rectum and the skin. They can cause drainage, pain, and infection.
- **Abscess:** Abscesses are collections of pus that form in the anus or rectum. They can cause pain, swelling, and fever.
- **Pilonidal cyst:** Pilonidal cysts are cysts that form in the natal cleft, the area between the buttocks. They can cause pain, swelling, and drainage.

## Symptoms of Anorectal Diseases

The symptoms of anorectal diseases can vary depending on the type of disease. However, some common symptoms include:

- **Pain**
- **Bleeding**
- **Itching**
- **Discharge**
- **Swelling**
- **Incontinence**

## Diagnosis of Anorectal Diseases

The diagnosis of anorectal diseases is usually made based on a physical examination and medical history. However, some tests may be necessary to confirm the diagnosis, such as:

- **Anoscopy:** Anoscopy is a procedure in which a thin, lighted tube is inserted into the anus to examine the lining of the rectum and anus.
- **Sigmoidoscopy:** Sigmoidoscopy is a procedure in which a thin, lighted tube is inserted into the rectum and sigmoid colon to examine the lining of these organs.
- **Colonoscopy:** Colonoscopy is a procedure in which a thin, lighted tube is inserted into the entire colon and rectum to examine the lining of these organs.

## **Treatment of Anorectal Diseases**

The treatment of anorectal diseases depends on the type of disease and its severity. Some common treatments include:

- **Medications:** Medications can be used to treat pain, bleeding, and itching.
- **Surgery:** Surgery is often the best treatment option for hemorrhoids, anal fissures, fistulas, abscesses, and pilonidal cysts.
- **Laser therapy:** Laser therapy can be used to treat hemorrhoids and anal fissures.

- **Radiofrequency ablation:** Radiofrequency ablation can be used to treat hemorrhoids.

## **Surgery for Anorectal Diseases**

Surgery is often the best treatment option for anorectal diseases that do not respond to other treatments. The type of surgery performed will depend on the type of disease and its severity.

**Hemorrhoidectomy:** Hemorrhoidectomy is a surgical procedure to remove hemorrhoids. It is usually performed on an outpatient basis under general anesthesia. During the procedure, the hemorrhoids are removed using a scalpel or laser.

**Fistulotomy:** Fistulotomy is a surgical procedure to treat fistulas. It is usually performed on an outpatient basis under general anesthesia. During the procedure, the fistula is opened up and cleaned out.

**Abscess drainage:** Abscess drainage is a surgical procedure to treat abscesses. It is usually performed on an outpatient basis under local anesthesia. During the procedure, the abscess is opened up and drained.

**Pilonidal cystectomy:** Pilonidal cystectomy is a surgical procedure to remove pilonidal cysts. It is usually performed on an outpatient basis under general anesthesia. During the procedure, the cyst is removed along with some of the surrounding tissue.

## **Recovery from Surgery**

The recovery time from surgery for anorectal diseases will vary depending on the type of surgery performed. However, most people can expect to return to their normal activities within a few weeks. It is important to follow your doctor's instructions carefully during recovery.

## **Complications of Surgery**

Surgery for anorectal diseases is generally safe, but there are some potential complications, including:

- **Bleeding**
- **Infection**
- **Pain**
- **Incontinence**
- **Recurrence of the disease**

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Anorectal diseases are a common group of conditions that can cause a variety of symptoms. Surgery is often the best treatment option for these diseases. The type of surgery performed will depend on the type of disease and its severity. Most people can expect to return to their normal activities within a few weeks after surgery.

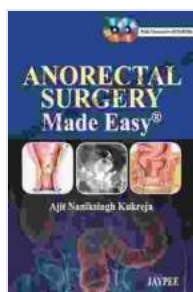
## **Additional Resources**

- [National Institute of Diabetes and Digestive and Kidney Diseases](#)

- [American Society of Colon and Rectal Surgeons](#)

## Keywords

- Anorectal diseases
- Hemorrhoids
- Anal fissures
- Fistula
- Abscess
- Pilonidal cyst
- Surgery
- Hemorrhoidectomy
- Fistulotomy
- Abscess drainage
- Pilonidal cystectomy



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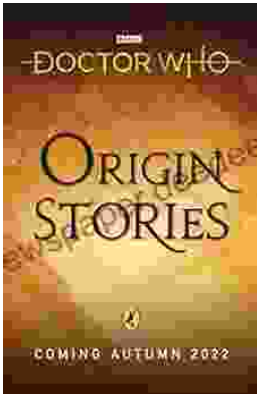
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