

When Dance Gets in Her Bones

Martha Graham was born in Allegheny, Pennsylvania, in 1894. She began dancing at an early age, and by the time she was in her teens, she was performing professionally. In 1926, she founded her own dance company, the Martha Graham Dance Company, which became one of the most important and influential dance companies in the world.



When Dance Gets In Her Bones: A Parent's Guide to Everything and Everybody in Local Dance Studios

by Eve Heidi Bine-Stock

★★★★★ 5 out of 5

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Graham's work was characterized by its emotional intensity, athleticism, and groundbreaking use of movement to express psychological states. She was a pioneer of modern dance, and her work helped to shape the development of the art form.

Graham's choreography was often inspired by mythology, literature, and other forms of art. She created ballets based on works by Sophocles,

Shakespeare, and Emily Dickinson. She also choreographed dances for films, including "The Red Shoes" and "Louisiana Story."

Graham's work has been praised for its originality, beauty, and power. She has been called "the mother of modern dance" and "one of the most important artists of the 20th century." Her legacy continues to inspire dancers and choreographers today.

Early Life and Training

Martha Graham was born on May 11, 1894, in Allegheny, Pennsylvania. Her father was a physician, and her mother was a musician. Graham began dancing at an early age, and by the time she was in her teens, she was performing professionally.

In 1916, Graham moved to New York City to study dance with Ruth St. Denis and Ted Shawn. She soon became one of their most promising students, and she began to develop her own unique style of dance.

The Martha Graham Dance Company

In 1926, Graham founded her own dance company, the Martha Graham Dance Company. The company was based in New York City, and it quickly became one of the most important and influential dance companies in the world.

Graham's company was known for its innovative choreography, which was often based on mythology, literature, and other forms of art. The company also featured some of the most talented dancers of the time, including Merce Cunningham, Erick Hawkins, and Paul Taylor.

Graham's Choreography

Graham's choreography was characterized by its emotional intensity, athleticism, and groundbreaking use of movement to express psychological states. She was a pioneer of modern dance, and her work helped to shape the development of the art form.

Graham's dances were often based on stories, and they often explored complex emotions such as love, loss, and betrayal. She was also known for her use of symbolism and abstraction in her choreography.

Legacy

Martha Graham died in New York City in 1991. She was 96 years old. She left behind a legacy of groundbreaking work that continues to inspire dancers and choreographers today.

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